

Contents	Page
Foreword	iv
Introduction	v
1 Scope	1
2 Terms and definitions	1
3 Principles and social issues	5
3.1 Principles	5
3.1.1 General	5
3.1.2 Human dignity	5
3.1.3 Productive ageing	5
3.1.4 Community-based services	5
3.1.5 Systemization with people at the centre	5
3.1.6 Pursuit of innovation for sustainability	6
3.2 Social issues	6
3.2.1 General	6
3.2.2 Future provisions for aged societies	6
3.2.3 Challenges and barriers to creating new approaches	9
3.3 Basic approach	10
3.3.1 Health and care in relation to ageing	10
3.3.2 Healthy ageing	12
3.3.3 Approaches to ageing, implementation and services	13
3.3.4 Guidance for maintaining the quality of services	16
4 Holistic framework of services	18
4.1 General	18
4.2 Integrated health services	18
4.3 Integrated care services	21
4.4 Social infrastructure	23
5 Recommendations	25
Annex A (informative) Workshop contributors	26
Bibliography	29