

ISO 20957-10:2017-10 (E)

Stationary training equipment - Part 10: Exercise bicycles with a fixed wheel or without freewheel - Additional specific safety requirements and test methods

Contents		Page
Foreword		iv
1 Scope	1	1
2 Normative references		1
3 Terms and definitions		1
4 Classification		2
5 Safety requirements		3
5.1 External construction		3
5.1.1 Transmission elements, rotating parts, squeeze and shear points		3
5.1.2 Temperature of accessible surfaces		4
5.2 Intrinsic loading		4
5.2.1 Seat pillar		4
5.2.2 Handlebar		4
5.2.3 Pedal		4
5.3 Seat pillar adjustment		4
5.3.1 General		4
5.3.2 Insertion depth		5
5.4 Handlebar		5
5.4.1 Handlebar stem adjustment		5
5.4.2 Insertion depth		5
5.5 Pedals		5
5.6 Stability		5
5.7 Locking system		5
5.8 Emergency braking system		6
5.8.1 Effectiveness		6
5.8.2 Actuator integrity		6
5.8.3 Visibility		6
5.9 Endurance for the pedal crank assembly		6
5.10 Foot clearance		6
5.11 Power display		6
5.12 Additional instructions for use		7
5.13 Additional marking		7
6 Test methods		8
6.1 General		8
6.1.1 Dimensional check		8
6.1.2 Visual examination		8
6.1.3 Performance test		8
6.2 Testing of transmission elements, rotating parts, squeeze and shear points		8
6.3 Testing of temperature of accessible surfaces		8
6.4 Testing of intrinsic loading		8
6.5 Testing of handlebars		8
6.6 Testing of stability		8
6.7 Testing of the emergency braking system		9
6.7.1 Testing of effectiveness		9
6.7.2 Testing of actuator integrity		9
6.8 Testing of the pedal crank assembly		9

6.9	Testing of the power display	10
6.10	Testing of locking system	11
7	Test report	11
	Bibliography	12