

### Contents

	Page
European foreword .....	3
Foreword .....	4
Introduction .....	6
1 Scope .....	7
2 Normative references .....	7
3 Terms and definitions .....	7
4 Classification .....	8
5 Safety requirements .....	10
5.1 General .....	10
5.2 Squeeze and shear points of external construction within the accessible area .....	10
5.3 Temperature rise of external construction .....	10
5.4 Handlebars .....	10
5.4.1 Movable handlebars .....	10
5.4.2 Non-movable handlebars .....	10
5.4.3 Seat handlebars .....	10
5.5 Footplatforms .....	11
5.5.1 Non-slip surface .....	11
5.5.2 Guard .....	11
5.6 Stability .....	11
5.7 Endurance .....	11
5.8 Seat system .....	11
5.9 Additional requirements for class A .....	11
5.10 Additional requirements for class B .....	12
5.11 Additional requirements for class C .....	12
5.12 Additional instructions for use .....	12
5.13 Additional warnings .....	12
6 Test methods .....	12
6.1 General .....	12
6.1.1 Dimensional check .....	12
6.1.2 Visual examination .....	12
6.1.3 Performance test .....	12
6.2 Testing of squeeze and shear points .....	13
6.3 Testing of temperature rise .....	13
6.4 Testing of intrinsic loading .....	14
6.5 Testing of handlebars .....	14
6.5.1 Movable handlebars .....	14
6.5.2 Non-movable handlebars .....	15
6.5.3 Seat handlebars .....	15
6.6 Testing of stability .....	15
6.7 Endurance testing .....	15
6.7.1 Speed-independent elliptical trainers .....	15
6.7.2 Speed-dependent elliptical trainers .....	15
6.8 Testing of seat system .....	15
6.9 Testing of additional requirements for class A .....	16
6.9.1 General .....	16
6.9.2 Speed-independent elliptical trainers .....	16
6.9.3 Speed-dependent elliptical trainers .....	17
6.10 Testing of power repeatability for class B .....	17
6.11 Testing of friction .....	18
7 Test report .....	19
Bibliography .....	20