

ISO 20810:2026-06 (E)

Whole grain - Definition and technical criteria

Contents	Page
Foreword	iv
Introduction	v
1 Scope	1
2 Normative references	1
3 Terms and definitions	1
4 Technical criteria for whole grain as a food ingredient	3
5 Technical criteria for labelling and claims for whole-grain foods and foods containing whole grains	3
Annex A (informative) Calculation of the percentage of whole-grain ingredients based on dry mass	4
Bibliography	5