

ISO 9241-5:1998-10 (E)

Ergonomic requirements for office work with visual display terminals (VDTs) - Part 5: Workstation layout and postural requirements

Contents		Page
1	Scope	1
2	Normative references	1
3	Definitions	1
4	Guiding principles	4
4.1	General considerations	4
4.2	Versatility and flexibility	4
4.3	Fit 4	
4.4	Postural change.....	5
4.5	User information.....	5
4.6	Maintainability-adaptability	5
5	Design requirements and recommendations	5
5.1	General	5
5.2	Postures	6
5.3	Ease of adjustment.....	9
5.4	Support surfaces	9
5.5	Work chair	11
5.6	Additional support elements	14
5.7	Layout of workstations within the work space	15
6	Conformance	16
7	Measurement	16
7.1	Support surfaces	16
7.2	Safety and stability aspects of workstations	17
7.3	Seat height	17
7.4	Castors	17
7.5	Layout of Workstations within the workspace.....	17
	Annex A (informative) Anthropometric data needed for workstation design and selection	18
	Bibliography.....	25