DIN EN ISO 20957-2:2024-12 (E)

Stationary training equipment - Part 2: Strength training equipment - Additional specific safety requirements and test methods (ISO 20957-2:2024)

Contents

Page

European foreword ... **3**

Annex ZA (informative) **Relationship between this European Standard and the safety requirements of Directive 2001/95/EC aimed to be covered** ... **4**

Foreword ... **6**

1 Scope ... **7**

2 Normative references ... **7**

3 Terms and definitions ... **7**

4 Classification ... **11**

5 Safety requirements ... **12**
5.1 Stability ... 12
5.1.1 General ... 12
5.1.2 Externally loaded equipment ... 12
5.1.3 User-defined motion equipment ... 12
5.2 Loading ... 12
5.2.1 Selectorized equipment and alternative resistance training equipment ... 12
5.2.2 Externally loaded equipment ... 12
5.3 Endurance ... 13
5.3.1 General ... 13
5.3.2 Additional requirements for externally loaded equipment ... 14
5.4 Access to squeeze and/or shear points ... 14
5.4.1 Stacked weights or alternative means of resistance ... 14
5.4.2 Weight disc clearance for externally loaded weights ... 19
5.5 Weight disc retention ... 19
5.6 Entrapment ... 19
5.7 Pull-in points ... 19
5.8 Additional instructions for use ... 20
5.9 Additional marking ... 21

6 Test methods ... **21**
6.1 General ... 21
6.1.1 Dimensional check ... 21
6.1.2 Visual examination ... 21
6.1.3 Tactile examination ... 21
6.1.4 Performance testing ... 21
6.1.5 Finger entrapment test ... 21
6.2 Stability testing ... 21
6.2.1 General ... 21
6.2.2 Externally loaded equipment ... 22
6.2.3 User-defined motion equipment ... 22
6.3 Loading test ... 22
6.3.1 Weight posts intended for training ... 22
6.3.2 Weight posts intended for storage ... 22
6.3.3 Extrinsic loading test ... 22
6.3.4 Catch mechanisms for guided equipment loading test ... 23
6.4 Endurance test ... 23
6.4.1 General ... 23
6.4.2 Additional requirements for externally loaded equipment ... 23

7 Test report ... **23**

Bibliography ... **24**