

# ISO 20957-7:2020 (E)

## Stationary training equipment — Part 7: Rowing equipment, additional specific safety requirements and test methods

---

### Contents

	Foreword
1	Scope
2	Normative references
3	Terms and definitions
4	Classification
5	Safety requirements
5.1	General
5.2	External construction
5.2.1	Squeeze, shear and reciprocating points within the accessible area
5.2.2	Transmission elements and rotating parts
5.2.3	Temperature rise of accessible surfaces
5.2.4	Seat
5.3	Intrinsic loading
5.4	Handles
5.5	Load of ropes, belts, chains and their attachment components
5.6	Foot strap
5.7	Foot support
5.8	Endurance
5.9	Stability
5.10	Additional requirements for class A
5.11	Additional instructions for use
6	Test methods
6.1	General
6.1.1	Dimensional check
6.1.2	Visual examination
6.1.3	Tactile examination
6.1.4	Performance test
6.1.5	Weighing test
6.1.6	Load test of ropes, belts, chains and attachment components.
6.2	Testing of seat
6.3	Testing of temperature rise
6.4	Testing of intrinsic loading
6.5	Testing of foot strap
6.6	Testing of foot support
6.7	Endurance testing
6.8	Testing of stability
6.9	Testing of additional requirements for class A
6.9.1	General
6.9.2	Speed-independent rowing equipment
6.9.3	Speed-dependent rowing equipment
7	Test report