

# DIN EN 17229:2019-10 (E)

## Fitness centres - Requirements for centre amenities and operation - Operational and managerial requirements

---

| <b>Contents</b>   | <b>Page</b> |
|---|-------------|
| European foreword.....  | 3           |
| Introduction .....  | 4           |
| 1 Scope.....  | 5           |
| 2 Normative references.....   | 5           |
| 3 Terms and definitions .....   | 5           |
| 4 Operational and managerial requirements.....  | 6           |
| 4.1 Contract/contractual obligations.....   | 6           |
| 4.2 User care.....  | 6           |
| 4.2.1 General.....  | 6           |
| 4.2.2 User relations .....  | 6           |
| 4.3 Basic service.....  | 7           |
| 4.4 Promoting active and healthy lifestyles.....  | 7           |
| 4.5 Operation of the facility .....   | 7           |
| 4.5.1 General.....  | 7           |
| 4.5.2 Operational matters related to safety .....   | 7           |
| 4.5.3 Hygiene .....   | 8           |
| 4.5.4 Ventilation .....   | 8           |
| 4.5.5 Temperature.....  | 8           |
| 4.5.6 Lighting.....   | 8           |
| 4.5.7 Noise level.....  | 8           |
| 4.5.8 Hydration during exercising.....  | 8           |
| 4.6 Control of substances hazardous to health.....  | 9           |
| 4.7 Building installations or equipment .....   | 9           |
| 5 Safety requirements.....  | 9           |
| 5.1 Safety management system .....  | 9           |
| 5.1.1 General.....  | 9           |
| 5.1.2 Safety policy .....   | 10          |
| 5.1.3 Safety operating procedures.....  | 10          |
| 5.1.4 Emergency and safety-related events.....  | 10          |
| 5.2 Stationary training equipment.....  | 10          |
| 5.2.1 Positioning of stationary training equipment .....  | 10          |
| 5.2.2 Selection of stationary training equipment.....   | 10          |
| 5.2.3 Care and maintenance of training equipment.....   | 10          |
| Annex A (normative) Procedure for response chain.....   | 11          |
| Annex B (normative) Code of practice for the fitness centre .....   | 12          |
| Annex C (informative) Code of conduct for the user .....  | 13          |
| Annex D (informative) Example for risk assessment with checklist - Procedure of a risk analysis and monitoring of critical points ..... | 14          |
| Annex E (informative) Guidance for promoting active and healthy lifestyles.....   | 16          |
| Bibliography.....   | 19          |