

DIN EN ISO 20957-10:2018-03 (E)

Stationary training equipment - Part 10: Exercise bicycles with a fixed wheel or without freewheel - Additional specific safety requirements and test methods (ISO 20957-10:2017)

| Contents | Page |
|---|-------------|
| European foreword..... | 3 |
| Foreword..... | 4 |
| 1 Scope | 5 |
| 2 Normative references | 5 |
| 3 Terms and definitions | 5 |
| 4 Classification | 6 |
| 5 Safety requirements | 7 |
| 5.1 External construction..... | 7 |
| 5.1.1 Transmission elements, rotating parts, squeeze and shear points..... | 7 |
| 5.1.2 Temperature of accessible surfaces..... | 8 |
| 5.2 Intrinsic loading..... | 8 |
| 5.2.1 Seat pillar..... | 8 |
| 5.2.2 Handlebar..... | 8 |
| 5.2.3 Pedal..... | 8 |
| 5.3 Seat pillar adjustment..... | 8 |
| 5.3.1 General..... | 8 |
| 5.3.2 Insertion depth..... | 9 |
| 5.4 Handlebar..... | 9 |
| 5.4.1 Handlebar stem adjustment..... | 9 |
| 5.4.2 Insertion depth..... | 9 |
| 5.5 Pedals..... | 9 |
| 5.6 Stability..... | 9 |
| 5.7 Locking system..... | 9 |
| 5.8 Emergency braking system..... | 10 |
| 5.8.1 Effectiveness..... | 10 |
| 5.8.2 Actuator integrity..... | 10 |
| 5.8.3 Visibility..... | 10 |
| 5.9 Endurance for the pedal crank assembly..... | 10 |
| 5.10 Foot clearance..... | 10 |
| 5.11 Power display..... | 10 |
| 5.12 Additional instructions for use..... | 11 |
| 5.13 Additional marking..... | 11 |
| 6 Test methods | 12 |
| 6.1 General..... | 12 |
| 6.1.1 Dimensional check..... | 12 |
| 6.1.2 Visual examination..... | 12 |
| 6.1.3 Performance test..... | 12 |
| 6.2 Testing of transmission elements, rotating parts, squeeze and shear points..... | 12 |
| 6.3 Testing of temperature of accessible surfaces..... | 12 |
| 6.4 Testing of intrinsic loading..... | 12 |
| 6.5 Testing of handlebars..... | 12 |
| 6.6 Testing of stability..... | 12 |
| 6.7 Testing of the emergency braking system..... | 13 |
| 6.7.1 Testing of effectiveness..... | 13 |
| 6.7.2 Testing of actuator integrity..... | 13 |
| 6.8 Testing of the pedal crank assembly..... | 13 |
| 6.9 Testing of the power display..... | 14 |
| 6.10 Testing of locking system..... | 15 |
| 7 Test report | 15 |
| Bibliography | 16 |