

ISO/TR 10687:2022-02 (E)

Mechanical vibration - Description and determination of seated postures with reference to whole-body vibration

Contents

Page

Foreword.....	v
Introduction.....	vi
1 Scope.....	1
2 Normative references.....	1
3 Terms and definitions.....	1
4 Description of posture quantities.....	1
4.1 General.....	1
4.2 Points on the body.....	1
4.3 Inclinations and axial rotations.....	3
4.4 Symbols.....	4
5 Biomechanical background.....	5
5.1 General.....	5
5.2 Spinal segments.....	5
5.3 Body segments apart from the spine.....	5
5.4 Other quantities.....	6
6 Coordinate system.....	6
7 Characterization of postures.....	7
7.1 General.....	7
7.2 Postural information.....	7
7.2.1 Angles of body segments.....	8
7.2.2 Sagittal inclination of the head.....	9
7.2.3 Lateral inclination of the head.....	9
7.2.4 Sagittal inclination of the thoracic spine.....	10
7.2.5 Lateral inclination of the thoracic spine.....	10
7.2.6 Sagittal inclination of the lumbar spine.....	11
7.2.7 Lateral inclination of the lumbar spine.....	11
7.2.8 Sagittal flexion of the neck.....	12
7.2.9 Lateral flexion of the neck.....	12
7.2.10 Neck torsion.....	13
7.2.11 Sagittal flexion of the back.....	13
7.2.12 Lateral flexion of the back.....	14
7.2.13 Back torsion.....	14
7.2.14 Curvature of the lumbar spine (kyphosis, lordosis).....	15
7.2.15 Lateral tilt of the pelvis.....	15
7.2.16 Axial rotation of the pelvis.....	16
7.3 Other information.....	16
7.3.1 General.....	16
7.3.2 Body support.....	17
7.3.3 Controls.....	17
7.3.4 External loading.....	17
8 Methods for determination of posture quantities.....	17
8.1 General.....	17
8.2 Optical methods.....	17
8.3 Ultrasonic sensors.....	18
8.4 Electro-goniometers.....	18

8.5	Other transducer-based methods.....	18
8.6	Visual methods.....	18
9	Measurement errors.....	18
Annex A	(informative) Examples for the application to different body segments.....	20
Annex B	(informative) Assessment of health effects.....	26
Annex C	(informative) Field measurements.....	30
Bibliography	32