

ISO 10075-3:2004-08 (E)

Ergonomic principles related to mental workload - Part 3: Principles and requirements concerning methods for measuring and assessing mental workload

Contents		Page
Foreword		iv
Introduction		v
1	Scope	1
2	Normative references	1
3	Terms and definitions	2
4	Measurement and assessment of mental workload	3
4.1	General principles	3
4.2	Procedural requirements	5
4.3	Quantitative requirements for measuring instruments	8
4.4	Documentation requirements	10
Annex A (informative) Additional information concerning generalizability		13
Annex B (informative) Checklist for choosing an instrument		14
Bibliography		15