ISO 14122-4:2016-06 (E)

Safety of machinery - Permanent means of access to machinery - Part 4: Fixed ladders

Contents

Page

Foreword v

Introduction vi

1 Scope 1

2 Normative references 1

3 Termsanddefinitions 2

4 Selection and design of ladder systems 6
4.1 General 6
4.1.1 Design and construction 6
4.1.2 Choice depending on available space 6
4.1.3 Spacing between the ladder and any permanent obstruction 6
4.2 Choice of a type fall protection device 7
4.2.1 Necessity of a fall protection device 7
4.2.2 Types of fall protection devices 7
4.2.3 Guidance for a risk assessment 8
4.3 Height of ladder flights and fall protection device 8
4.3.1 Limits of space 8
4.3.2 Ladder systems >3 000 mm and 10 000 mm total height, H 8
4.3.3 Ladder systems >10 000 mm total height, H 9
4.4 Platforms and landings 9
4.4.1 Installation of platforms at arrival and departure areas 9
4.4.2 Arrangement of platforms and landings for ladders with a total height, H >10 000 mm 9

5 Specificrequirementsofladdersystems 10
5.1 General requirements 10
5.1.1 Permanent action (dead load) 10
5.1.2 Variable action (rated load) 11
5.1.3 Additional loading 13
5.1.4 Design 14
5.2 Ladder with two stiles 14
5.2.1 Strength 14
5.2.2 Rungs 14
5.2.3 Connection of ladder and guard-rail 17
5.3 Ladder with one stile 17
5.3.1 Strength 17
5.3.2 Rungs 18
5.4 Departure and arrival areas 19
5.4.1 General requirements 19
5.4.2 Departure area (entrance) 19
5.4.3 Arrival area (exit) 19
5.4.4 Access opening 19
5.4.5 Trap doors 21
5.5 Fall protection device 22
5.5.1 Safety cage 22
5.5.2 Fall arrester 26
5.6 Platforms and landings 26
5.6.1 Access platforms 26

5.6.2 Intermediate and rest platforms ... 26
5.6.3 Intermediate landings ... 27
5.6.4 Moveable rest landings ... 29
5.7 Requirements on moveable parts of fixed ladders ... 30

6 Verificationofsafetyrequirements ... 30
6.1 General ... 30
6.1.1 General requirements ... 30
6.1.2 Verification of stability by calculation ... 31
6.1.3 Verification of stability by testing ... 31
6.2 Tests of fixed ladders with two stiles ... 31
6.2.1 Strength and bending of a ladder element ... 31
6.2.2 Test for safety cage ... 32
6.3 Test of ladders with one stile ... 33
6.3.1 Test of ladder elements ... 33
6.4 Test of extensions of guard-rails ... 35

7 Informationforuseforfixedladders ... 36
7.1 Instruction handbook ... 36
7.1.1 General ... 36
7.1.2 Ladder systems with fall arrester ... 36
7.2 Marking of ladder systems with fall arrester ... 37

Annex A (normative)Requirementsforthedesignofanti-climbdevices ... 38

Annex B (informative)Summaryofmaindimensionsofafixedladderequippedwitha safety cage ... 42

Annex C (informative)SignificanttechnicalchangesbetweenthispartofISO14122andthe previous edition ... 44

Bibliography ... 47